



# North Bangalore Hospital

Inspiring health and wellness

## GENERAL HEALTH CHECKUPS

General health packages have become a trend in its own right. By seeking these, people are reassured and have some ownership about their health. They are offered to public upon their own initiative. While there is a divided opinion about these packages, they are helpful in screening some health conditions. Unfortunately at times they can cause false alarms.

We have extensively researched this area and put together some packages relevant to public health, age and gender. We have consciously removed some of the tests due to irrelevance of those tests to that Group and having no diagnostic value. We of course can incorporate them if there are any such indications. These packages have been put together with responsibility to maintain ethical practice. While our advice is always to have any investigations after consultations with a physician. we do offer health investigations in the form of packages. They are recommended for people without any preexisting conditions and who are not on any medications. Alternatively we do offer clinicians' review as part of these packages.

We strongly advice that symptomatic patients undertake any tests after consultation with their family physicians or specialists. If patients are on any medications for any health condition, any health investigations should be carried out after a consultation with their respect physician.

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**Emergency Service**  
Call: 080-25446732  
916 43 999 99



### ESSENTIAL HEALTH CHECK UP

CBC  
FBS  
Total Cholesterol  
Serum Creatinine  
Bilirubin Total & Direct  
Consultation with Physician

₹ 800/-

### MASTER HEALTH CHECKUP

CBC	TSH
FBS	Urine Complete Analysis
PPBS	ECG
Lipid Profile	Chest X-ray
LFT	Consultation with Physician
RFT	

₹ 2,500/-

### EXECUTIVE HEALTH CHECK UP \*

CBC  
FBS  
PPBS  
Lipid Profile  
RFT  
LFT  
Thyroid Profile- (T3, T4, TSH)  
Serum Calcium  
Phosphorous  
HbsAg  
Urine Complete Analysis  
ECG  
Chest X-ray  
Vitamin D3 (25 Hydroxy Cholecalciferol)  
Free T3  
Free T4  
Blood Grouping and Rh Typing (Optional)  
Pap Smear - for women (Optional)  
PSA for men (Optional)  
Consultation with Physician

\*Optional Investigation Not Included

₹ 5,000/-

### COMPREHENSIVE HEALTH CHECK UP

CBC	Phosphorous
FBS	HbsAg
PPBS	Urine Complete Analysis
Lipid Profile	ECG
RFT	Chest X-ray
LFT	Consultation with Physician
Serum Calcium	
Thyroid Profile- (T3, T4, TSH)	

₹ 3,300/-

### FOLLOW UP PACKAGE FOR- SENIOR CITIZENS

CBC  
FBS  
PPBS  
Urine Complete Analysis  
Consultation with Physician

₹ 500/-

### SENIOR CITIZEN HEALTH CHECK UP

Complete Hemogram  
FBS  
PPBS  
Lipid Profile  
LFT  
RFT  
C-Reactive Protein (CRP)  
Thyroid Profile (T3, T4, TSH)  
Vitamin D3 (25 Hydroxy Cholecalciferol)  
Total PSA (Male)  
Serum Calcium  
Phosphorous  
Urine Complete Analysis  
ECG  
Consultation with Physicin

₹ 5,500/-

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## DIABETIC HEALTH CHECKUP

CBC  
FBS  
PPBS  
Lipid Profile  
Glycosylated Hemoglobin – HbA1c  
Urine Microalbuminuria  
Consultation with Physician

₹ 1,800/-

## DIABETIC FOLLOW UP

FBS  
PPBS  
Glycosylated Hemoglobin – HbA1c  
Consultation with Physician

₹ 650/-

## ORTHOAEDIC HEALTH

CBC  
FBS  
PPBS  
RA Factor (Rheumatoid)  
C-Reactive Protein (CRP)  
Serum Calcium+serum Vit-d3  
Consultation with Ortho

₹ 1,500/-

## GENERAL ADVICE

- All Health packages are inclusive of BP, Height & Weight for BMI.
- Persons who are availing health packages providing Fasting & postprandial blood sugar are eligible to pick up breakfast-coupon at the front office.
- Please book the appointments at reception least a day earlier.
- Please report to reception on the day on empty stomach (at least 8 hrs. fasting without consuming tea / coffee). Plain water may be permissible.
- We will be happy to tailor the packages if requested beforehand by clinicians, organisations, employers or patients themselves at appropriate cost.
- Additional investigation like USG, ECHO can be included in packages if request. Beforehand.
- Postpone your routine morning medication until your blood sample is taken.
- For ladies Pap smear, urine and stool tests should be done 5 days after the last day of menstruation.
- North Bangalore Hospital offers screening packages specific to certain diseases like Diabetes, vascular risks and cancers. Please discuss about these with your clinicians.
- We have &quot; HOME COLLECTION&quot; of samples

## Other Ancillary & 24/7 Services

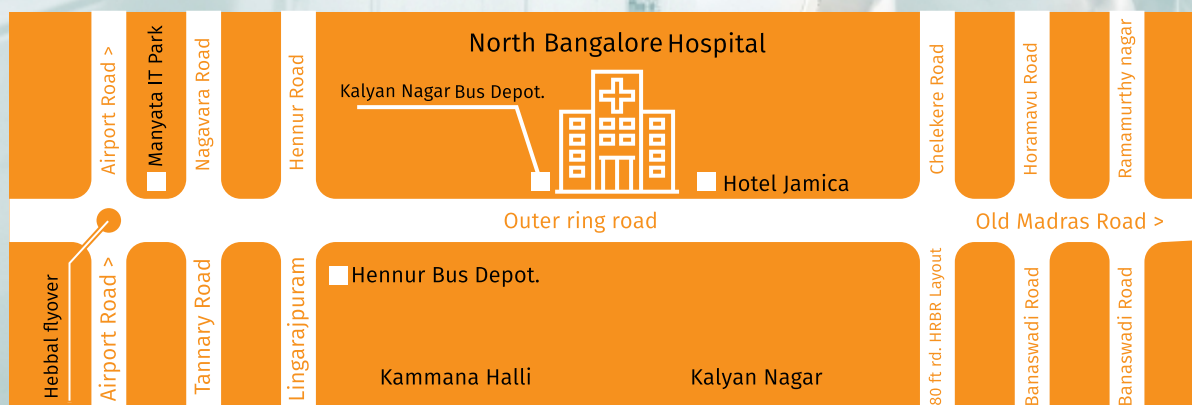
- Hi-Tech Laboratory
- CT Scan
- Digital X-ray
- Pharmacy
- 24/7 Trauma, Emergency & Critical Care
- Neurology & Neuro Surgery
- Orthopedics
- Colonoscopy / Endoscopy
- Free Ambulance Service 5km from the Hospital

## Specialty Services

- Medicine
- Surgery
- Obstetrics and Gynecology
- Pediatrics
- Orthopedics
- Ophthalmology
- ENT
- Psychiatry
- Dermatology
- Physiotherapy

## Super speciality Services

- Neurology & Neuro surgery
- Cardiology
- Gastroenterology
- Urology
- Nephrology
- Oncology
- Paediatric Surgery
- Plastic surgery
- Geriatric Medicine
- Chest Medicine
- Endocrinology
- Diabetes & Obesity
- Pulmonology
- Neonatology
- Joint replacement+arthoscopy



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